

### 9<sup>40</sup> — 10<sup>20</sup> • Is It Love?

Sh. Mohammad Qutub

Understand the meaning of love by understanding Allah's attributes: Ar-Rahman & Ar-Rahim.

### 10<sup>20</sup> — 11<sup>00</sup> • Fleeting Feelings

Sh. Belal Assaad

Our hearts are restless and we always find it drifting away from Allah. Learn how to calm the heart so that we can be steadfast in our love for Him.

### 11<sup>00</sup> — 11<sup>40</sup> • Flowery Roads

Ust. Gabriel Al Romaani

Do the people think that they will be left to say, "We believe" and they will not be tried? [Al-Quran, 29:2]

### 11<sup>40</sup> — 12<sup>20</sup> • The Bandwidth of Time in Religious Life

Datuk Dr. Mohd Daud Bakar

And man supplicates for evil as he supplicates for good, and man is ever hasty. [Al-Quran, 17:11]

### 12<sup>20</sup> — 1<sup>50</sup> • Dhuhr & Lunch Break

### 2<sup>00</sup> — 2<sup>40</sup> • FOMO (Fear of Missing Out)

Sh. Tawfique Chowdhury

"Islam began as something strange and will go back to being strange, so glad tidings to the strangers."

### 2<sup>40</sup> — 3<sup>20</sup> • Taqwa of Allah

Sh. Wahaj Tarin

Through taqwa, our matters will be made easy for us, by the will Allah. Understand what does it mean to have taqwa and learn how to attain it.

### 3<sup>20</sup> — 4<sup>00</sup> • (to be announced)

Sh. Mohammad Qutub

### 4<sup>00</sup> — 5<sup>00</sup> • Asr Prayer

### 5<sup>00</sup> — 6<sup>00</sup> • Reward & Punishment

Tan Sri Dzulkifli, Sh. Wahaj Tarin, Ust. Gabriel

Understand how the scale of judgement in the Akhirah should dictate how we live our life here in this World.

### 6<sup>00</sup> — 7<sup>00</sup> • Q&A Session

### 10<sup>00</sup> — 11<sup>00</sup> • Love Made Me Do It

Sh. Wahaj Tarin

Understand how love can also be the reason for our destruction when it is used as a justification for all of our whims and desires.

### 11<sup>30</sup> — 12<sup>30</sup> • Give and Take

En. Jufitri Joha

Life, as they say, is give and take. You put things in and you take things out. The same is true for relationships where a balance of give and take is a sound recipe for long-term happiness.

### 12<sup>20</sup> — 1<sup>50</sup> • Dhuhr & Lunch Break

### 3<sup>00</sup> — 4<sup>00</sup> • Modern Sins

Ust. Gabriel Al Romaani

Learn how sins today are being shrouded and beautified in the name of equality and human rights.

### 4<sup>00</sup> — 5<sup>00</sup> • Asr Prayer

### 5<sup>00</sup> — 6<sup>00</sup> • Choice & Decision

Sh. Belal Assaad

Brothers-only session.

How should men live up to the responsibility of being a leader in the family and also society.

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا  
وَرِزْقًا طَيِّبًا، وَ عَمَلًا مُتَقَبَّلًا

"O Allah! I ask You for knowledge that is of benefit, a good provision and deeds that will be accepted."

**9<sup>40</sup> — 10<sup>20</sup> • Wishful Thinking**  
**Sh. Wahaj Tarin**

In order for du'a to be an effective weapon, it has to be accompanied by actions. Learn how to translate ones mere wishful thinking into actionable goals.

**10<sup>20</sup> — 11<sup>00</sup> • (to be announced)**  
**Sh. Mohammad Qutub**

**11<sup>00</sup> — 11<sup>40</sup> • The Opposite of Hope**  
**Ust. Anisul Haque**

Learn how to deal with feelings of hopelessness and despair, and prevent it from taking over our lives.

**11<sup>40</sup> — 12<sup>20</sup> • If Only**  
**Sh. Belal Assaad**

"... and beware of (saying) 'If only,' for 'If only' opens the door to Satan."

**12<sup>20</sup> — 1<sup>50</sup> • Dhuhr & Lunch Break**

**2<sup>00</sup> — 2<sup>40</sup> • U-Turn**  
**Ust. Gabriel Al Romaani**

"I'm too sinful, Allah will never forgive me."

"It's okay, I'll repent when I am older."

Being hopeless or holding on to false hope usually leads one to turn away from remembering Allah.

**2<sup>40</sup> — 3<sup>20</sup> • Good Intentions**  
**Sh. Tawfique Chowdhury**

"Actions are but by intentions, and each person will have but that which he intended."

**3<sup>20</sup> — 4<sup>00</sup> • Mediocre Vs. Ihsaan**  
**Sh. Alaa Elsayed**

As Muslims, we are taught not to be too lenient nor too rigid. In this talk, learn how to tread the middle path, pursue excellence and reject mediocrity.

**4<sup>00</sup> — 5<sup>00</sup> • Asr Prayer**

**5<sup>00</sup> — 6<sup>00</sup> • Love, Fear, and Hope**  
**Sh. Belal Asaad, Sh. Mohd. Qutub, Ust. Anis**

Understand how to find balance between love, fear, and hope in our worship to Allah.

**6<sup>00</sup> — 7<sup>00</sup> • Q&A Session**

**10<sup>00</sup> — 11<sup>00</sup> • Everybody Needs Somebody**  
**Sh. Alaa Elsayed**

Learn how to deal with loneliness and find out why do you still experience loneliness despite having families and friends surrounding you.

**11<sup>00</sup> — 12<sup>00</sup> • Journey to Allah**  
**Pn. Norhafsa Hamid**

Sisters-only session.

Learn how to rise above negative emotion such as anger, hopelessness, and sadness, and understand the importance of having good thoughts about Allah.

**12<sup>20</sup> — 1<sup>50</sup> • Dhuhr & Lunch Break**

**2<sup>00</sup> — 3<sup>00</sup> • Disciplining the Soul**  
**Ust. Anisul Haque**

You either suffer the pain of discipline or the pain of regret. We were created to worship Allah but we also have our unique traits. Learn how to be a good Muslim while still retaining your individuality.

**4<sup>00</sup> — 5<sup>00</sup> • Asr Prayer**

# TWINS OF FAITH 2019